

ARE YOU READY?

MAY 2024

# Flower Power

*Spring blooms lead to summer sunshine!*

## PAPER FLOWERS

- Collect cupcake liners - then use watercolors or tea to stain them.
- Fold the liners in half and cut out petals and fringe shapes.
- Use paperclip or floral wire to twist around the stamen and attach 3-5 liners to make a fuller flower.
- Add floral tape or washi tape if you want to wrap the the stem to create a more realistic look.
- **ADAPTATION:** Use yellow dye or watercolors to make dandelions - wrap with green wire and floral tape - attach to wreath to create a fun, summer decoration!



SOURCE: Good Housekeeping

20-60 minutes approx. for ages 4 & older



SOURCE: Joann Fabric

## STAMPED DISH TOWELS

- Choose a fruit, leaf or organic element and create a few stamp variations. To create the stamp, draw your shapes with a pencil on 2mm foam.
- Cut out the shapes from the thinner foam and hot glue the cutouts to a piece of thicker 6mm foam as the base.
- Using a flat medium brush, paint the desired color onto the stamp. Test the stamp before stamping onto your towel by stamping your design onto a paper towel. This will help you figure out the correct amount of paint and pressure needed before applying it to your towel.
- Vary the designs and stamp the bottom 1/3 of the towel. To add interest, rotate the stamps, mix up with colors between the different elements of the design and use an array of shapes.
- **OPTIONAL:** Once the paint is dry, add details to some of the stamped areas with a black fabric marker.
- **BONUS IDEA:** Buy or thrift a blank apron to stamp a unique design on!

2-5 hrs. approx. for ages 8 & older

## MATERIALS NEEDED

- Cupcake liners
- Wire
- Plain white dish flour sack towels
- Fabric paint & Medium flat brush
- 2mm foam sheet & 6mm foam sheet
- Scissors
- X-Acto® Blade
- Pencil
- Black fabric marker
- Hot glue gun / glue

## SKILL DEVELOPMENT

Creative Thinking  
Develop a Plan  
Use of Found Objects  
Problem-solving  
Collaboration

ND

Nathaniel Leibel Designs

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